

INSTRUCTIONS for ANALYSIS and urine CULTURE

DESCRIPTION:

Your doctor has prescribed a urine analysis and culture test. The urine analysis makes it possible to evaluate the renal function, the urinary tract and by the same time the disorders affecting the whole body, such as diabetes and various liver problems. Urine culture can diagnose urinary tract infections. To collect the urine sample, it is recommended to use the mid-stream method and to use the most recent urine (*15-30 minutes MAXIMUM*) before the sample is given.

YOU WILL NEED:



PROCEDURE:

1. Open your kit (*BIOHAZARD bag + STERILE container + tube with yellow cap*)
2. Urinate a few drops in the toilet then...
3. Urinate directly into the STERILE container (*about 1/2 is enough!*)
4. Place the container on a stable surface, so that you can...
5. Finish urinating in the toilet and completely empty the bladder.

NEXT: When finished...

1. Remove the cap from the tube, then...
2. Unscrew and transfer a little urine from the container into the tube (*10ml minimum / 12ml maximum*).
3. Close the urine specimen transport tube tightly.
4. Close and screw the lid on the container tightly.
5. Put the container AND the transport tube back in the BIOHAZARD bag and close it tightly.
6. Wash your hands thoroughly.
7. Place and store the bag (*containing the transport tube with your urine*) in the refrigerator (*4°C*).

BE AWARE:

You must bring or hand in your urine sample within 30 minutes of collection and make sure to bring your REQUISITION and your RAMQ (*Health Insurance*) card, as the laboratory may REFUSE any samples that do not COMPLY with the instructions listed above.

*Laboratory results will be available up to 72h after receipt of the specimens ****