

**DESCRIPTION:**

Your doctor has ordered a test for C. difficile (*Clostridium difficile*). This test is used to detect the presence of toxin or toxin gene caused by the C. difficile bacteria that may be responsible for diarrhea or other intestine disease. The test is simple and quick to perform. In addition, no diet is necessary.

**TO KNOW:**

You **MUST NOT** take any medication that could help you have a bowel movement (*laxative, anti-diarrhea, or antacid*) for 24 hours before collecting.

Stool collection for this test must contain **LIQUID STOOL ONLY** (*No hard substance*) as the laboratory **WILL REFUSE** any SPECIMEN that are not liquid. In addition, stools **MUST NOT** be in **CONTACT** with **WATER, URINE**, or the **TOILET** bowl.

**SAMPLING:**

1. Open your kit. (*BIOHAZARD bag + sterile POT*)
2. Write **CLEARLY** your: **LAST NAME, First name / Date & Time** (*of collection*) on the label of the container.
3. Urinate and completely empty your bladder. (*Because stools MUST NOT be in CONTACT with WATER, URINE, or the TOILET bowl*).
4. Defecate in a container (*aluminum plate*). Discard once complete.
5. Using a plastic spoon, put the equivalent of 1-2 tablespoons of your stool in the sterile POT.
6. Put the lid back on the container and seal tightly.
7. Return the container to the BIOHAZARD bag and close it tightly.
8. Wash your hands thoroughly.
9. Store the bag (*with container*) in the refrigerator (*4°C*).

**ATTENTION:**

You must bring or hand in your stool sample within 24h of collection and make sure to bring or have your **REQUEST** and your **RAMQ** (*Health Insurance Card*) because the laboratory **ca REFUSE** all samples **NO COMPLY** with the instructions listed above.

RESULTS in laboratory: C. difficile / up to 24h after receiving de sample.