

DESCRIPTION:

Your doctor has prescribed a fecal CALPROTECTIN test. This test is used to detect the presence of a protein which can be a sign of Crohn's disease and ulcerative colitis. The test is simple and quick to perform. In addition, no special diet is necessary.

TO KNOW:

Stools **MUST NOT** be in **CONTACT** with **WATER**, **URINE** or the **TOILET** bowl, contamination from this test will cause you to start the process all over again.

In addition, **COLLECTION** and **RETURN** must be done **(MONDAY – TUESDAY – WEDNESDAY) ONLY**.
The laboratory **WILL REFUSE** all samples that are **DONE** and **RETURNED** on **OTHER DAYS** of the week.

SAMPLING:

1. Open your kit. (*BIOHAZARD bag + STERILE container + spatula / tongue depressor*)
2. Write **CLEARLY** your: **LAST NAME**, **First Name** / **Date & Time** (*of collection*) on the label of the container.
3. Urinate and completely empty your bladder.
(*Because stools **MUST NOT** be in **CONTACT** with **WATER**, **URINE**, or the **TOILET** bowl*).
4. Defecate in a **CLEAN** container (*aluminum plate*). Discard once complete.
5. Using a spatula (*tongue depressor / plastic spoon*), put the equivalent of 1-2 tablespoons of your stool in the **STERILE** container.
6. Put the lid back on the container and seal tightly.
7. Return the container to the **BIOHAZARD** bag and close it tightly.
8. Wash your hands thoroughly.
9. Store the bag (*with container*) in the refrigerator (*4°C*).

ATTENTION:

You must bring or hand in your stool sample within 24 hours of collection and make sure to bring or have your **REQUISITION** and your **RAMQ** (*Health Insurance*) card, because the laboratory can **REFUSE** any samples **NOT COMPLIANT** with the instructions listed above.

*** *Laboratory results will be available 24h-48h after receipt of the specimens* ***