

INSTRUCTIONS for CHLAMYDIA & GONORRHEA urine test

DESCRIPTION:

Your doctor has ordered you to be tested for Chlamydia (*caused by the bacteria Chlamydia trachomatis*) and Gonorrhea (*caused by the bacteria Neisseria gonorrhoeae*) done by PCR. This test is used to detect the bacteria in order to treat asymptomatic infections in addition to preventing complications, transmission and reinfection.

TO KNOW: You MUST NOT have URINATED (or EJACULATED) 2 hours before taking the test, as the fluids will clean the urethra of bacteria that may have developed.

YOU WILL NEED:



SAMPLING:

1. Open your kit (**BIOHAZARD bag + STERILE container + KIT with APTIMA tube and disposable PIPETTE**)
2. Write CLEARLY your: LAST NAME, First Name / Date & Time (of collection)
3. Urinate DIRECTLY into the STERILE container up to the 10ml LINE (**1st drops ONLY**), then...
4. Place the container on a stable surface, so that you can...
5. Finish urinating in the toilet to completely empty the bladder, when finished...
6. Remove the cap from the urine specimen transport tube APTIMA.
7. Using the disposable PIPETTE, transfer the urine (**ONLY 2ml = BETWEEN the 2 black LINES**) contained in the STERILE container (that you collected in step 3) to the transport tube.

TO KNOW:

The volume of urine added is considered **ADEQUATE** when the **FLUID LEVEL** is **BETWEEN** the **TWO BLACK indicator lines** located on the transport tube APTIMA label.

8. Close the urine specimen transport tube tightly and put it in the bag and close it hermetically.
9. Discard everything else (pipette, sterile container).
10. Wash your hands thoroughly.
11. Place and store the bag (containing the transport tube with your urine) in the refrigerator (4°C).

ATTENTION: You must bring or hand in your urine sample within 30 minutes of collection and make sure to bring your REQUISITION and your RAMQ (Health Insurance) card, as the laboratory may REFUSE any samples that do NOT COMPLY with the instructions listed above.

*** Laboratory results will be available 24h-48h after receipt of the specimens ***