

DESCRIPTION:

Your doctor has prescribed the Bacterial CULS (*Stool Culture*) test and/or the PARA (*Parasite*) test. These tests help to identify problems related to the stomach, intestines, or other parts of the digestive tract.

TO KNOW: You MUST NOT take any medication that could help you have a bowel movement (*laxative, anti-diarrhea, or antacid*) for 24 hours before collecting. Stools MUST NOT come in CONTACT with WATER, URINE or the TOILET bowl. In addition, it takes about 20 minutes for the whole process.

YOU WILL NEED:



SAMPLING:

1. Open your kit. (*BIOHAZARD bag + container with LIQUID "PINK" for CULTURE and "CLEAR" for PARASITE*)
2. Write CLEARLY your: LAST NAME, First Name / Date & Time (*of the collection*) on the label of the container.
3. Urinate into the toilet bowl and completely empty the bladder.
4. Defecate in a CLEAN container (*aluminum plate*) that you can throw away when finished, then...
5. Unscrew and open the container, making sure not to spill any liquid.
6. Using the spatula that is attached to the cap, scoop and transfer a SMALL amount of stool (*about the size of a pea*) and pour this amount into the container (*also include pus and blood if present*).
7. Close tightly, then SHAKE vigorously (*10-20 sec*), then place on the counter and wait 2 minutes (*program the timer*) then ...
8. Repeat steps 5 -6 and 7, until the **LIQUID** reaches the **BLACK LINE**.

TO KNOW:

The amount of stool added is considered **ADEQUATE** when the **FLUID LEVEL** is **ON** the **BLACK** indicator **LINE** on the container label. The specimen will be **REFUSED** if the LIQUID is **BELOW** or **ABOVE** this line.

9. Wash your hands thoroughly.
10. Replace the container in the bag, seal tightly and store in the refrigerator.

ATTENTION: You must bring or hand in your stool sample within 24h of collection and make sure to bring your REQUISITION and your RAMQ (*Health Insurance*) card, because the laboratory can REFUSE all samples that do NOT COMPLY with the instructions listed above.

*** Laboratory results will be available 24h-48h after receipt of the specimens ***