

DESCRIPTION:

Your doctor has prescribed a urine culture. This test is used to diagnose urinary tract infections. To collect the urine sample, it is recommended to use the mid-stream method and to use the most recent urine (*15-30 minutes MAXIMUM*) before the sample is given.

YOU WILL NEED:



PROCEDURE:

1. Open your kit (*BIOHAZARD bag + STERILE container*)
2. Urinate a few drops in the toilet then...
3. Urinate directly into the STERILE pot up to MAXIMUM half (*about 1/2 is enough!*)
4. Place the container on a stable surface, so that you can...
5. Finish urinating in the toilet and completely empty the bladder.

NEXT: When finished...

1. Close and screw the lid on the container tightly.
2. Put the container back in the BIOHAZARD bag and seal it tightly.
3. Wash your hands thoroughly.
4. Place and store the bag (*containing the transport tube with your urine*) in the refrigerator (*4°C*).

BE AWARE:

You must bring or hand in your urine sample within 30 minutes of collection and make sure to bring your REQUISITION and your RAMQ (*Health Insurance*) card, as the laboratory may REFUSE any samples that do not COMPLY with the instructions listed above.

*** Laboratory results will be available up to 72h after receipt of the specimens ***