

## **INSTRUCTIONS for CYTOLOGY urine test**

## **DESCRIPTION:**

Your doctor has prescribed a CYTOLOGY urine test. It is used to detect abnormal cells detected in certain cancers. The CYTOLOGY urine test is often prescribed following the detection of red blood cells in a urine analysis. This test consists of collecting between 1 and 3 samples. This kit contains everything you need to do 1 sample collection. Avoid the 1st morning urine.

## YOU WILL NEED:



## SAMPLING:

- 1. **Open your kit** (BIOHAZARD bag + STERILE container (and disposable) + container with ALCOHOL 50%)
- Write CLEARLY your: LAST NAME, First Name / Date & Time (of collection) on the sticker place on the container (with ALCOHOL 50%) and if it's not already done, take a pen and trace a line exactly where the ALCOHOL 50% (should be around 30ml) and trace a 2e LINE at 60ml. This container should, once completed, have the exact amount of urine and ALCOHOL 50% (total of 60ml).
- 3. Urinate a little in the toilet bowl, then...
- 4. Urinate directly in the STERILE container up to 50ml, then...
- 5. Place the container on a stable surface, so that you can...
- 6. Finish urinating in the toilet to completely empty the bladder when finished...
- 7. Unscrew and remove the cap from the container (with 50% ALCOHOL).
- 8. Transfer the urine collected in the container with ALCOHOL 50% up to the 2nd BLACK LINE.

**TO KNOW**: The volume of urine added is considered **ADEQUATE** when the **LIQUID LEVEL** (ALCOHOL 50% + urine) is the double (60ml) the fluid of ALCOHOL 50% that you have at the beginning (approximately 30ml).

- 9. Close the container (*with urine* + *ALCOHOL* 50%) hermetically, dispose the rest of the urine and the (*STERILE*) container.
- 10. Replace the transport tube in the BIOHAZRD bag and close it hermetically.
- 11. Wash your hands thoroughly.
- 12. Place and store the bag (with container with ALCOHOL 50% and your urine) in the refrigerator (4\*C).

**PLEASE NOTE:** You must bring or hand in your urine sample within 30 minutes of collection and make sure to have your REQUISITION and your RAMQ (*Health Insurance*) card, as the laboratory may REFUSE any samples that DO NOT COMPLY with the instructions listed above.

\*\*\* Laboratory results will be available 24h after receipt of the specimens \*\*\*