

DESCRIPTION:

Your doctor has prescribed a fecal occult blood test (*iFOBT- FIT*). This test is used to detect the presence of blood (*invisible to the naked eye*) in the stool, which may be a sign of colon cancer, commonly known as [Colorectal cancer](#). The iFOBT- FIT test is quick and easy to do. In addition, no special diet is necessary.

Certain situations can false the results. **For example**, if you have bleeding hemorrhoids, you should wait until the bleeding subsides to perform the test. Also, if you are a woman and you have your period, you must wait until your period is over to perform the test.

NEED TO KNOW:

Your stools **MUST NOT** be in **CONTACT** with **WATER**, **URINE**, or the **TOILET** bowl.

SAMPLING:



1 Open your kit.
(*BIOHAZARD bag + container with the GREEN cap*)



2 Write **CLEARLY** your:
LAST NAME, First Name
Date & Time (*of collection*)



3 Urinate and empty
the bladder completely.



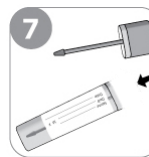
4 Defecate in a **CLEAN** container
(*aluminum plate*).
Discard once completed.
Keep the equivalent of a **SMALL PEA**



5 Turn and lift the cap
to open the container.



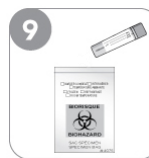
6 Take the cork with the rod
attached to the cap and scratch a
VERY SMALL amount of stool.



7 Replace the cap on the container.
Make sure you hear the « click ».



8 Wash your hands thoroughly.



9 Put the container back in the bag and
close it hermetically.



10 Keep the bag (*with the container*)
in the refrigerator (*4°C*).

ATTENTION: You must bring or hand in your stool sample within 24 hours of collection and make sure to bring your **REQUISITION** and your **RAMQ (Health insurance)** card, because the laboratory can **REFUSE** all samples that **DO NOT COMPLY** with the instructions listed above.

*** Laboratory results will be available 6 weeks after receipt of the specimens ***