

## INSTRUCTIONS for Urine DRUG test procedure

### DESCRIPTION:

Your doctor has prescribed a urine drug test procedure. This test is used to detect a panel of 7 different family of drugs. To collect the urine sample, there are some strict rules procedures to follow and to respect. The urine collection will be done in presence of the nurse ONLY. it is recommended to use the mid-stream method and to use the most recent urine.

### YOU WILL NEED:



### PROCEDURE:

1. Open your kit (*BIOHAZARD bag + STERILE container*)
2. Urinate a few drops in the toilet then...
3. Urinate directly into the STERILE container. (*about 1/2 is enough!*)
4. Place the container on a stable surface, so that you can...
5. Finish urinating in the toilet and completely empty the bladder.

### NEXT: When finished...

1. Close and screw the lid on the container tightly.
2. Put the container back in the BIOHAZARD bag and seal it tightly.
3. Wash your hands thoroughly.
4. Place and store the bag (*containing the transport tube with your urine*) in the refrigerator (*4°C*).

### PLEASE NOTE:

You must bring or hand in your urine sample within 30 minutes of collection and make sure to bring or have your REQUISITION and your RAMQ (*Health Insurance*) card, as the laboratory may REFUSE any samples that do NOT COMPLY with the instructions listed above.

\*\*\* Laboratory results will be available beetween 48h-72h after receipt of the specimens \*\*\*